



JUST RUN!®

Just Kids 3K

presented by



WHERE: Wave and Irving Street, Monterey, CA (one block above Cannery Row). Location subject to change
WHEN: Saturday, April 25, 2009 at 8:00 AM
WHAT: A 3K (approximate 2 mile) family fun run
WHO: Open to children age 5 and older, their family and friends
FEE: \$5 for children and youth ages 5 - 17; \$20 for adults age 18 and over

Sponsored by the Community Hospital of the Monterey Peninsula and the City of Monterey, the JUST RUN! Just Kids 3K promotes exercise and fitness for our children and youth. All participants of the 3K fun run will receive a finisher's medallion and a unique aquatic themed t-shirt. Following the event, there will be activities for the kids. All entrants will receive a coupon providing one free child admission with a paid adult admission to the Monterey Bay Aquarium. For more information, visit www.bsim.org.

FIRST NAME LAST AGE RACE DAY GENDER: M F
ADDRESS CITY STATE ZIP
IF CA, WHAT COUNTY? EMAIL OR PHONE
EMERGENCY CONTACT NAME PHONE IS PERSON AT RACE? yes no

SHIRT SIZE: Youth S M L XL Adult XS S M L XL XXL

OTHER FAMILY MEMBERS (if applicable)

1. FIRST NAME LAST AGE RACE DAY GENDER: M F

SHIRT SIZE: Youth S M L XL Adult XS S M L XL XXL

2. FIRST NAME LAST AGE RACE DAY GENDER: M F

SHIRT SIZE: Youth S M L XL Adult XS S M L XL XXL

3. FIRST NAME LAST AGE RACE DAY GENDER: M F

SHIRT SIZE: Youth S M L XL Adult XS S M L XL XXL

This is a legal document. Please read carefully before signing.

I acknowledge that this athletic event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury and property loss. The risks include, but are not limited to, those caused by terrain, facilities, temperature, weather, condition of athletes, equipment, vehicular traffic, actions of other people including, but not limited to, participants, volunteers, spectators, coaches, event officials, and event monitors, and/or producers of the event, and lack of hydration. These risks are not only inherent to athletics, but are also present for volunteers. I hereby assume all of the risks of participating &/or volunteering in this event. I realize that liability may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained or controlled by them or because of their possible liability without fault. I certify that I am physically fit, have sufficiently trained for participation in the event and have not been advised otherwise by a qualified medical person. I acknowledge that this Accident Waiver and Release of Liability (AWRL) form will be used by the event holders, sponsors and organizers, in which I may participate and that it will govern my actions and responsibilities at said events. In consideration of my application and permitting me to participate in this event, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows: (A) Waive, Release and Discharge from any and all liability for my death, disability, personal injury, property damage, property theft or actions of any kind which may hereafter accrue to me including my traveling to and from this event, THE FOLLOWING ENTITIES OR PERSONS: the Big Sur International Marathon, its directors and officers, employees and volunteers, suppliers, contractors, sponsors, the State of California, event sponsors, event perimeters, their directors, officers, employees, volunteers, representatives, and agents, the event holders, event directors, event volunteers; (B) Indemnify and Hold Harmless the entities or persons mentioned in this paragraph from any and all liabilities or claims made as a result of participation in this event, whether caused by the negligence of releases or otherwise. I hereby consent to receive any medical treatment, which may be deemed advisable in the event of injury, accident or illness during this event. I understand that at this event or related activities, I may be photographed. I agree to allow my photo, video or film likeness to be used for any legitimate purpose by the event holders, producers, sponsors, organizers and or assigns. This AWRL shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law. The Big Sur International Marathon RESERVES THE RIGHT TO CANCEL OR CHANGE THE COURSE. I hereby certify that I have read this document; and, I understand its content.

Participant's Signature

Parent or Guardian Signature (if participant(s) under age 18)

FEES: Make checks payable to BSIM

Child age 5-17 @ \$5.00
Adult age 18+ @ \$20.00

Mail form to:
BSIM - P.O. BOX 222620
CARMEL, CA 93922-2620

FOR PAYMENT BY CREDIT CARD (Visa or MC only)

Card #
Exp Signature

TOTAL: \$